



## The Best Babysitter in SAFE SITTER!

Thank you for your interest in the Safe Sitter Babysitter program offered by Chilton Memorial Hospital. Safe Sitter is a medically accurate, hands-on class designed for girls and boys ages 11 to 13.

Young children cannot always communicate their needs to protect themselves. A babysitter must be able to manage whatever situation arises. The nationally recognized Safe Sitter program teaches sitters how to handle life-threatening emergencies when caring for younger children.

Class topics include:

- What to do if an infant or child chokes
- Injury management, first aid
- When and how to call for emergency help
- Basic child care skills
- How to entertain children and keep them safe
- Preventing problem behavior
- Safety for the sitter
- Babysitting business skills
- Success on the job

The following is the current 2009 schedule for this one-day program.

**Place: Chilton Health Network  
242 West Parkway, Pompton Plains**

**Time: 9:00 a.m. to 4:00 p.m.**

**Dates: Monday, February 16  
Wednesday, April 8  
Thursday, June 25  
Tuesday, July 7  
Thursday, July 23  
Wednesday, August 19  
Thursday, November 5  
Wednesday, December 30**

**Cost: \$60 per participant**

The program fee includes a comprehensive student manual, certificate, course completion card and lunch.

If you are interested in registering your daughter, son or babysitter in Chilton Memorial Hospital's Safe Sitter class, please call (973) 831-5475 to register. Class size is limited and spaces fill quickly. Confirmation of enrollment will be sent before the class date.

**REGISTRATION FORM**

**(Please complete one form for each student)**

Class Date Preferred: \_\_\_\_\_

Student Name: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Parent(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Work or Cell) \_\_\_\_\_

Age of Student: \_\_\_\_\_ \* *Student must be 11 years old by the class date.*

Birth Date: \_\_\_\_\_ Grade: \_\_\_\_\_

**PAYMENT OPTIONS**

Enclosed is my \$60 check made payable to Chilton Memorial Hospital

Please charge \$ \_\_\_\_\_ to my Credit Card

\_\_\_\_\_ Mastercard    \_\_\_\_\_ Discover    \_\_\_\_\_ Visa    \_\_\_\_\_ Amer. Express

Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address if different from home address:

\_\_\_\_\_

Mail to: Parent Education Department  
Chilton Memorial Hospital  
97 West Parkway  
Pompton Plains, NJ 07444

Fax to (973) 831-5328  
*Faxed registrations must be paid with credit card*

**Questions? 973-831-5475**

**Dear Parent(s):**

In the Safe Sitter course, a great deal of information is presented in a short period of time. Some children are unable to keep up with the pace. Because we want every child to succeed in the class, we will work with you to make alternate plans if your child has difficulty keeping up.

I will take all responsibility for deciding whether my child is capable and mature enough to baby-sit.

\_\_\_\_\_ **YES**

I understand the importance of having my child arrive on time and attend the full class session.

\_\_\_\_\_ **YES**

Is there anything about your child that you'd like to share with us before the class? Please indicate any food allergies or medical conditions. *(Note: Non-Latex gloves are used during a diaper change exercise)*

**Manikin Practice**

The Safe Sitter class includes practice of rescue skills on manikins. Strict standards for controlling infection are followed in using the manikins.

I agree not to send my child to class if he/she has a contagious illness. \_\_\_\_\_ **YES**

I give permission for my son/daughter to practice the manikins. \_\_\_\_\_ **YES**

**Emergency Medical Permission**

In the event of a health emergency, I authorize Chilton Memorial Hospital's Safe Sitter instructors To take my child to the Chilton Memorial Hospital Emergency Room and authorize treatment by the doctor on call.

In the event of any accident or health problem, which may require the attention of a physician, I may Be contacted at

(phone)\_\_\_\_\_.

If I am not available, \_\_\_\_\_ may be contacted at

(phone)\_\_\_\_\_ and is authorized to act in my behalf of my child.

*\* Safe Sitter assumes no responsibility for the acts or omissions of Safe Sitter graduates.*

*\* Safe Sitter does not release the names of graduates or act as a referral source of babysitters.*



## Safe Sitter Student Contract



The Safe Sitter course is a medically accurate childcare class developed especially for 11 to 13 year-olds. Safe Sitter teaches you the skills you need to safely care for children — infants through school age. We want your Safe Sitter class to be a positive experience for you! We want you to know what to expect from us when you take the class and we want you to know what we expect from you. With those points in mind, please read the following ground rules for the Safe Sitter class.

1. **Attendance.** There is a lot to learn in a fairly short time so it's important to be on time, and stay until the end of class. If this is not possible, you should reschedule for another class.
2. **Respect for property and equipment.** The class will be fun and the atmosphere relaxed if students remember that the space and the equipment must be treated with respect — no running, rough play, loud noises.
3. **Respect for others.** You have a great opportunity to meet new people and develop friendships. We will expect you to think of the feelings of others — no teasing or put-downs.
4. **Keeping track of your materials.** Dr. Patricia Keener, the pediatrician who started the Safe Sitter program, wrote your Safe Sitter manual. Not only will you use it during the class, you will want to take it with you when you baby-sit. Please write your name on your manual. Since you will use it around children, make sure that any drawings or writings you put on your materials are appropriate for young children.
5. **Emergency contact.** It is important for your parents to be able to reach you in case of an emergency. The emergency contact number for the classroom is (973) 831-5475. Please turn off any noisemakers such as cell phones during class.

Safe Sitter classes are always lots of fun for everyone. The ground rules are meant to help guarantee that fun. Please consider these rules and sign below if you are willing to abide by them.

I understand the importance of Safe Sitter's ground rules. I agree to follow them in class.

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*Student signature*

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**Date**

Please return Safe Sitter student contract with registration form.